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Limitations of videolaryngoscopy

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Increasing use of camera images and wireless communication is changing the way laryngoscopy and intubation is taught, learned, recorded, and even remotely supervised. Since 2003, when this journal published an evaluation of the GlideScope in cervical

spine immobilization,¹ many other devices have been introduced: the search term ‘videolaryngoscopy’ in Google Scholar now returns >5000 references and recent guidance from the Difficult Airway Society incorporates videolaryngoscopy for

management of the unpredicted difficult airway.² These videolaryngoscope devices differ widely and classification is based on optical technology, blade shape and guiding channels.³ The development of these devices has been driven by the need to improve the view with laryngoscopy, improve initial success rates, and aid the management of difficult intubations, aiming to improve care and reduce harm to patients.

There is now convincing evidence in some of these areas. An improved laryngeal view with most current devices has been demonstrated.^{4–6} Several authors have found improved success rates, particularly among less experienced practitioners.^{6–8} Improved performance in known difficult laryngoscopy by experienced practitioners has also been shown, and last year this journal went so far as to publish an editorial proposing videolaryngoscopy as a standard of care.^{9–10}

However, important questions regarding the limitations of these devices in specific circumstances and their comparative performance remain unanswered. The question presents several problems: we continue to lack adequate definitions of difficult laryngoscopy and intubation, the utility of the Cormack and Lehane system is much less relevant to videolaryngoscopy, the low frequency and identification of true difficulty makes recruitment difficult, and 'difficulty' itself comes in many forms [nature and site of pathology, anatomical changes, mouth opening, failure despite good view (you see that you fail) and environment]. Second, although some studies have been performed, we lack evidence of comparative performance of all these devices.

Adequate clinical trials to address these questions are challenging to design and perform, and their absence has led to several attempts at systematic reviews or meta-analysis of the evidence that is available. Unfortunately, these have resulted in some conflicting results, and efforts have been hampered by poor quality underlying trial design, differing groups of patients (particularly 'normal' as opposed to a known or anticipated difficult airway), experienced vs novice practitioners, differing endpoints and the 'moving target' represented by ongoing evolution of available devices.^{3–4–11} These reviews have called for prospective multicentre studies in specific populations.

Kleine-Brueggene and colleagues¹² have addressed the question of comparative performance. They describe a three-centre prospective randomized trial involving 720 patients and six videolaryngoscopes in a controlled model of difficult intubation using a stiff cervical collar and head fixation, with the first success rate of intubation as the primary outcome. They chose three unchannelled and three channelled devices. Of the three unchannelled devices, only the McGrath did not have an acutely angled blade. The results are plausible, with significant and important differences between devices that were mirrored across the three sites and maintained after correction for multiple analyses. In their model, they found that the unchannelled, modestly curved, McGrath Series 5 performed best and was the only device with a 95% confidence interval for success >90%. They chose not to make a comparison with conventional direct laryngoscopy, maintaining that the case for superior conditions in their model was already made, although others might disagree. If, as seems likely, these results are genuine, we need to consider why they differ from those of other studies, predominantly the systematic reviews, as well as what clinical significance they have and how generalizable they are.

How do these results differ from those of others to date? There have been few studies in patients involving multiple device comparisons. Regarding the results of the systematic reviews, there is little evidence for the McGrath, but very few studies involving it were available until recently, in contrast with the GlideScope. A

systematic review from 2008 essentially declared a lack of data to support any recommendations of particular devices.⁴ A recent large multicentre study comparing the GlideScope with the C-MAC D-blade in 1100 patients with predicted difficult airways showed a first-attempt intubation success of 96% and 93%, respectively.¹³ Although patients with limited mouth opening were included the majority were primarily obese with an increased neck circumference. It therefore seems that angled videolaryngoscopes can also perform well in some selected situations with predicted difficult airways (not perfectly, as the worst failure rate we can expect, corresponding to the upper limit of the 95% confidence interval, is higher¹⁴). In the paper by Kleine-Brueggene and colleagues,¹² the authors suggest that videolaryngoscope performance may be situation specific. Clearly this has significant implications for future research. Furthermore, although limited mouth opening and restricted neck movement are common causes of difficulty, mimicking this by means of a hard, well-fitting cervical collar and stabilization is a rather specific example of these problems, so generalizing the results even to other patients with this combination may not be justified.

The authors suggest that their model is relevant to trauma, however, the time taken for intubation is a concern. If we take 60 s as a reasonable cut-off time for first-attempt success rate, none of the six devices really satisfied the requirements (success rate <70%).

What are the implications? The results, though disappointing, are important in so far as they clearly demonstrate the limits of the technology in this clinical scenario. Whether the solution is to further improve designs and use the right videolaryngoscope for the right airway scenario, as proposed by the authors, or whether these airways should be managed differently in principle, must be discussed. Recently, success with 'awake' videolaryngoscopy, with its lack of emphasis on apnoeic time, has been reported but deserves more extensive evaluation.^{15–17} The possibilities around extending the safe apnoeic window and reducing the pressure on clinicians to secure an airway rapidly by use of high-flow oxygen techniques is also an area of promise.¹⁸

Videolaryngoscopes have been shown to improve the laryngeal view and improve the success rate of tracheal intubation, although the optimal device for specific patients and groups varies, and in genuinely difficult cases, intubation time may be prolonged. The study by Kleine-Brueggene and colleagues¹² sets a standard for others in addressing the comparative performance of these devices in specific situations. The availability of videolaryngoscopes and skills to use them has significantly improved the options in difficult airway management, but they are not a panacea. Maximum benefit may yet come from matching difficulty with the type of device, always keeping in mind their respective limitations.

Authors' contributions

Preparation, writing and submission of the manuscript: A.N.
Preparation and writing of the manuscript: T.H.

Declaration of interest

A.N. is clinical advisor to the Centre for Healthcare Technologies, University of Nottingham and Nottingham University Hospitals NHS Trust. T.H. declares no conflicts of interest.

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